

BIBLE

— STUDY —



Topic: Overview of the Fruits of the Spirit

The Fruits of the Spirit are nine attributes that reflect the character of a Christian who is living in accordance with the Holy Spirit. Found in Galatians 5:22-23, these fruits—love, joy, peace, forbearance (patience), kindness, goodness, faithfulness, gentleness, and self-control—are essential for spiritual growth and maturity. This study will help participants understand how these qualities manifest in the lives of believers and how the Holy Spirit empowers and cultivates these attributes within us. Emphasizing that these fruits are not merely moral actions but rather the evidence of a transformed heart and life.

Scriptures: Galatians 5: 22-23, John 15:1-8, Ephesians 5:8-9 and 2 Peter 1:5-8

Questions:

1. In Galatians 5:22-23, Paul lists nine Fruits of the Spirit. Why is it important to understand that these are the fruits of the Spirit and not simply a checklist of moral behaviors we should uphold?
2. Reflecting on John 15:1-8, what does it mean to "abide" in Christ, and how does this relationship relate to the production of spiritual fruit in our lives?
3. In what ways can the Fruits of the Spirit be manifested in our interactions with others? Choose one fruit to discuss in depth and consider how it might influence your relationships and daily actions.